



District of Kenora Homes  
& Community Support Services  
Enriching the lives of those we serve

## Community Support Services

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# Meals on Wheels Program

The Meals on Wheels program provides a hot nutritious meal delivered to your door for seniors and adults with disabilities to assist them in maintaining their health and independence at home.

**People Served:** Older adults who are unable to safely organize and prepare a meal.

**Eligibility:**

- Must be 65 years of age or adults over 18 years of age with physical disabilities
- Require assistance with planning and cooking daily meals
- Living alone or with someone who is unable to perform these tasks
- Services provided must be delivered to the client's physical address
- Client must live in the Kenora/Keewatin area and be home to receive services

**Availability:** **Community Clients:** Dinner - Monday to Friday including Statutory Holidays

**Supportive Housing Clients:** Dinner - 7 days a week

**Cost:** \$7.50 per meal  
Meals are billed monthly

**Cancellation Policy:** Same day cancellation prior to noon. If service is not cancelled within this time frame and not related to a medical reason, a charge for the meal will be applied.  
\*Meals On Wheels are delivered by volunteers and services may be cancelled due to weather/road conditions, or other unforeseen circumstances with the safety of those volunteers in mind. It is recommended that clients keep additional food in their homes in the case of cancelled deliveries.

**Contact:** Community Support Services at (807) 468-4562